

# Family Counseling Postgraduate Program

VIZJA UNIVERSITY

The University of Economics and  
Human Sciences in Warsaw

Program Date

6 May 2024

Education Germany  
**NOWA**



# 60 AKTS Master Postgraduate Diploma

# FAMILY COUNSELING POSTGRADUATE PROGRAM

Wouldn't you like to be an expert who finds solutions to families' problems?

Language of Education :  
English

Program Duration::  
300 Hours / 1 Year

Type of Education :  
Online MS Teams

Program's Acceptance Criteria :  
Bachelor's Degree  
(University Graduate)

Program Date  
6 May 2024



# ■ Aim of the Program

The main objective of the Family Counseling Postgraduate Program is to add value to society by training qualified and sensitive family counselors of the future. The participants of our program will become professionals who can touch the lives of families in a positive way.

We aim to bring together those who are trained as counselors who solve the problems of families and strengthen their relationships with the society.

Thanks to the Family Counseling Postgraduate Program, our participants will be trained as experts who contribute to families and society.



# ■ Key Benefits

01

## **Graduates Armed with Up-to-date Knowledge and Skills:**

Our program provides participants with the most up-to-date family counseling knowledge and skills. Graduates are equipped to understand the complex needs of families and provide effective solutions.

02

## **Experts Understanding the Power of Families:**

Our graduates understand family issues and effectively use knowledge and skills to make families stronger. As family counselors, our participants specialize in strengthening family bonds and bringing about positive change.

03

## **Leaders Playing an Active Role in Society:**

In today's society of rapid change, our graduates will assume a leading role in the preservation and development of the family institution. As counselors who add value to society, they gain the ability to act with the mission of providing solutions that are sensitive to the needs of families and society.



# Why Should I Join?

Choosing a profession that strengthens society and shapes the future will give families the pride of adding value to their lives.

By joining the Family Counseling Postgraduate Program, you will guide families and help them build strong futures.

Family counseling is one of the most meaningful ways to touch people's lives and give them hope. Wouldn't you like to add meaning to your own story and have a positive impact on the lives of others?

During the training, you will develop practical skills through real-life scenarios and master critical areas such as communication and conflict management. You will provide in-depth understanding to your families and guide them in a safe environment.



## Why Family Counseling Master's Program?

- **Specialize:** Have the skills and knowledge to understand the complexity of family relationships and offer solutions
- **Advance in your career:** Gain the opportunity to reach more senior and prestigious positions in the field of family counseling.
- **International Validity:** Earn a postgraduate diploma that is valid throughout Europe and the world and work internationally.
- **Contribution to Society:** Make a significant contribution to society by positively changing people's lives.
- **Personal and Professional Development:** Develop skills such as communication, empathy and problem solving and advance yourself personally and professionally.

Remember, as a family counselor, you will do your best to make positive changes and add value to the lives of families. You will mend hearts, strengthen bonds and inspire future generations.

Take a step to add value to and guide families, the cornerstone of society! Shape your career and touch the lives of families with the Family Counseling Master's Program!





## Why us?

We are proudly stepping into our third year as a Family Counseling Postgraduate program! We have graduated hundreds of students from many countries such as Central Asian Countries, Turkey, Germany, the Netherlands, Pakistan, Egypt, Azerbaijan, etc. and have brought valuable family counselors to the society. We are proud to specialize in this field and have a history of success.

- **Sample Case Studies**
- **Active Participation and Discussions**
- **Experienced and Caring Trainers**
- **Creative and Innovative Approaches**
- **Supportive and Positive Environment**
- **Flexible Program**
- **Global Validity**

If you want to add value to families, empower them and positively touch the lives of families, the cornerstone of society, complete your registration for this program now.



## Career Opportunities

The Family Counseling Master's Program offers you a wide range of career opportunities. After graduation, you will have the opportunity to work in various fields in the private and public sector.

Not only will you embark on a career that changes your lives, but you will also contribute to society. You will make a significant contribution to a strong society by creating a positive impact on the lives of families.



## Workspaces

- Special Counseling Centers
- Family Counseling and Psychotherapy Clinics
- Universities and Educational Institutions
- Hospitals and Health Institutions
- Child and Family Services Centers
- Social Service Organizations
- Marriage and Family Counseling Centers
- Rehabilitation Centers
- Family Support Programs
- Marriage Preparation Centers
- Crisis and Emergency Centers
- Schools and Educational Institutions
- Government and Municipal Projects
- Workplace Counseling Services
- Family Courts and Judicial Counseling Services
- Adoption and Adoptive Family Counseling
- Health Centers and Polyclinics
- Child Protection Centers
- Guidance and Psychological Counseling Centers
- Family-Focused Civil Society Organizations

## 4 Steps to Become a Family Counselor Start Shaping Your Career!

**Let the Application Process Begin:** Our education counselors are ready to guide you! Contact us now to apply and reserve your place in this life-changing program.

[Apply Now](#)

**Complete Forms and Documents:** Quick and easy registration.

Quickly fill in the required documents and complete your application. Follow step-by-step instructions prepared especially for you.

**Move Towards Your Dream:** An exciting journey begins! Take full classes with expert trainers and specialize in family counseling and step into your career.

**Graduate with Success:** You have completed the exam and now you are a graduate! You are ready to add value to society as a family counselor who heals hearts. Congratulations, the inspiring journey of your success has begun!

**You are invited to celebrate together:** If you wish, you can attend the graduation ceremony. We have grown together during the education process and we look forward to celebrating your achievements together. Get ready to come together at the graduation ceremony and add new memories to our memories!

# EDUCATION CONTENT

## INTRODUCTION TO PSYCHOLOGICAL COUNSELING

- What is Psychological Counseling?
- Characteristics of the counseling process
- Introduction to Basic Counseling Skills
- Learning the skill of Giving Information and Removing Barriers

## DEVELOPMENTAL PERIODS IN CHILDREN (DEVELOPMENTAL PSYCHOLOGY)

- The role of the family in fulfilling child development responsibilities
- Main topics in developmental psychology
- Infancy period
- Preschool period
- School age
- Sexual Development and Education in Children
- Adaptation and Behavior Problems in Children
- Families with Children with Different Developmental Characteristics
- Child Tests



## ADOLESCENCE (DEVELOPMENTAL PSYCHOLOGY)

- Physical Development
- Characteristics of Adolescence
- Sexual Development and Education in Adolescence
- Psychological Development in Adolescence
- Adolescent problems and solutions
- Adaptation and Behavioral Problems in Adolescents
- Dependency
- Body Image Perception





## INTRODUCTION TO FAMILY COUNSELING AND BASIC ISSUES

- Basic Concepts of Counseling
- Basic Interview Techniques
- Individual Recognition Techniques
- Psychological Tests
- Comparison of Individual Counseling and Family Counseling
- Human Relations and Communication
- Mistakes in the Family Counseling Process
- Roles and Duties of the Family Counselor
- Basic Stages of Family Counseling
- First Interview in Family Counseling
- Qualifications of Family Counseling
- Techniques Used in Family Counseling
- Family Counseling Sample Structuring Model
- Cultural Sensitivity in Family Counseling

## SUPPORTING THE PROCESS OF BECOMING A FAMILY

- Pre-Marriage Counseling and Mate Selection
- Stages in Getting to Know the Spouse
- Premarital Adaptation Processes of Couples
- Marriage Preparation Process
- Marriage Counseling
- Early Marriage and Adjustment to Marriage
- Role Distribution between Spouses, Supporting the Romantic Relationship
- Golden Rules for Marriage
- Becoming a Parent
- Family Crises and Crisis Intervention
- Domestic Violence
- Psychology of Deception
- Marriage Rescue Factors in Troubled Marriages
- Divorce Process, Its Effects on Family and Children
- Working with Fragmented Families







## **PREGNANCY PROCESS**

- Pregnancy Before and After
- Psychology of Motherhood Before and After Pregnancy
- Sexual Life during Pregnancy and Menopause
- Psychology of Fatherhood Before and After Pregnancy

## **FAMILY AND SEXUALITY**

- Basic Concepts of Sexuality
- Sexual Problems in the Family
- Sexual Problems in Women
- Sexual Problems in Men
- Sexual Dysfunctions and Approach Styles
- Sexually Transmitted Diseases and Ways of Prevention
- Sexual Life in Old Age and Andropause

## **PSYCHOLOGY OF ADULTHOOD AND OLD AGE (DEVELOPMENTAL PSYCHOLOGY)**

- Adulthood and Old Age and Features
- Children Leaving Home
- Psychological disorders in old age
- Death, Dying and the Mourning Process

## **FAMILY COUNSELING THEORIES AND SKILLS**

- Classical Theories (Dynamic, Strategic, Structural, Experiential Theories and Applications)
- Cognitive-Behavioral Theory and Applications
- Post-modern Approaches (Solution Focused, Narrative Theories and Applications)
- Welcoming the Family
- Understanding Family Dynamics
- Case Formulation
- Defining the Family's Problem
- Choosing a Suitable Strategy for the Problem
- Feedback Process
- Termination of Family Counseling
- Structuring the Monitoring Process
- Basic Process Evaluation Techniques



# FAMILY HEALTH

- Behavior Disorders
- Psychiatric Disorders
- Depression Disorders
- Anxiety Disorders
- Personality Disorders
- Health Awareness in the Family
- Infectious Diseases and Ways of Prevention
- Developing First Aid Awareness in the Family
- Impact of Family on Chronic Diseases
- Maternal and Child Health
- Family Planning

## CHILD ABUSE AND NEGLECT

---

- Neglected and abused children
- Children who have been physically neglected and abused
- Children who have been sexually neglected and abused
- Emotionally and psychologically abused children
- Children who have suffered economic abuse

## ETHICAL PRINCIPLES IN FAMILY COUNSELING

- The Concept of Ethics
- Professional Ethics
- Ethical Principles in Family Counseling



# PROBLEMS AND NEEDS ENCOUNTERED IN THE FAMILY

- Family as a social construct
- Needs and problems of the family
- Different theories on the needs and problems of the family Meeting with the students about term papers
- Dealing with the needs and problems of the family in the context of family life cycle
- Student projects
- General evaluation



# Who Are We?

**"Nova Education Germany GmbH"**  
For 10 years it has been organizing training events and has international experience in this field.

Nova Education Germany GmbH"  
For 10 years it has been organizing educational events and has international experience in this field. Since its establishment, it has guided 1256 students from 19 different countries, mostly in Europe, to start their undergraduate and graduate programs. It organizes Summer Schools, Study Trips, Education Fairs and Science Olympiads for students and instructors. Our company also organizes graduate programs with partner universities.

Nova Education acts as a bridge connecting the educational life of young people from Asia, Central Asia and other continents to Europe. Nova Education Germany is open to cooperation and dedicated to the field of education,  
**"Creating a future for everyone through education"** is an organization that walks step by step towards its goals day by day. We would be happy to see you among us at NOVA, which continues to work with the motto "An Excellent Choice for Education".



**Lifetime  
Learning**

# **Our Other Products**

- Study in Europe**
- Online Master's Programs**
- USA Mentorship Programs**
- USA Entrepreneurship Programs**
- IT BOOTCAMPS**
- Teacher Travel Programs**
- Student Travel-Summer Camps**

# Contact



Wilmsdorfer str 122-  
123 10627 Berlin



+48 516 492 582



elifnur@novaeducation.de



novaeducation.de

NOVA EDUCATION GERMANY GmbH  
Amtsgericht Charlottenburg  
HRB 215153 B  
VAT ID: 29/458/32053 F12  
USt-IdNr: DE347213339

PARTI

SUP

HELP